

Scripture Readings:

Matthew 22:34-40 ESV

³⁴ But when the Pharisees heard that he had silenced the Sadducees, they gathered together. ³⁵ And one of them, a lawyer, asked him a question to test him. ³⁶ "Teacher, which is the great commandment in the Law?" ³⁷ And he said to him, "You shall love the Lord your God with all your heart and with all your soul and with all your mind. ³⁸ This is the great and first commandment. ³⁹ And a second is like it: You shall love your neighbor as yourself. ⁴⁰ On these two commandments depend all the Law and the Prophets."

Micah 6:8 ESV

He has told you, O man, what is good; and what does the LORD require of you but to do justice, and to love kindness, and to walk humbly with your God?

Additional Readings

1 Corinthians 13: 4-8a

Digging Questions:

1. What does it mean to "love kindness" (Micah 6:8)
2. According to the text from Matthew what is the most important commandment?
3. What does verse 40 of the text from Matthew mean?
4. How does Jesus describe what our love for God and others be?

Reflection Questions:

1. The word used for kindness/ mercy in Micah indicates compassion and loyalty, what does this look like in practical terms?
2. What things prevent you from exercising compassion and loyalty?
3. Are there exclusions given in our texts to loving others?
4. Consider practical steps that you can take to better "love kindness" in your life?

Challenge for the week

Over the next week find and take at least one opportunity to love kindness each day and continue the habit. Make it something you don't normally do.