

Scripture Readings:

Romans 12:1-2 ESV

I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. ² Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

Additional Readings:

Deuteronomy 6:4-9

Matthew 6:24

Proverbs 21:21

Digging Questions:

1. Why should we offer ourselves as a living Sacrifice?
2. What does worship mean in the text?
3. What steps are given in the passage to become a living sacrifice?
4. How do you renew your mind?

Reflection Questions:

1. Think about your life, what are some words you use to describe yourself?
2. Think about your life, what are your primary day to day concerns?
3. Based on your answers above, would you say that you are a living sacrifice to the Lord?
4. Worship is all about life priorities, are you worshipping the right thing?
5. What are some changes that you can make to be a living sacrifice?

Challenge:

Make a list of all the things trying to have your attention and put them in a God focused order and strive to keep that order day to day.