Scripture Readings:

James 1:2-4 ESV

² Count it all joy, my brothers, when you meet trials of various kinds, ³ for you know that the testing of your faith produces steadfastness. ⁴ And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing.

1 Peter 1:6-9 ESV

⁶ In all this you greatly rejoice, though now for a little while you may have had to suffer grief in all kinds of trials. ⁷ These have come so that the proven genuineness of your faith—of greater worth than gold, which perishes even though refined by fire—may result in praise, glory and honor when Jesus Christ is revealed. ⁸ Though you have not seen him, you love him; and even though you do not see him now, you believe in him and are filled with an inexpressible and glorious joy, ⁹ for you are receiving the end result of your faith, the salvation of your souls.

Additional Readings:

Romans 5:1-5 ESV

Digging Questions:

- 1. According to our text how are we to react to trials and sufferings
- 2. In our texts what is the role of trials and sufferings?
- 3. How long are we to endure trials and sufferings?
- 4. Can you think of examples of this biblical truth?

Reflection Questions:

- 1. How do we often look at trials and sufferings?
- 2. How should we approach trials, struggles, and sufferings?
- 3. What are some trials and struggles you have faced?
- 4. What are some opportunities to grow through your trials?
- 5. What are some things our families can do to help us make the most of our trials and struggles?