

1. **"BUT" – PERSPECTIVE**

He is going to do something about it



Vs 3 **But** You, O LORD, are a **shield about me,**

EXPLORE: Two kinds of shields –

- Little shield you can put on your arm, and you're in Hand-to-hand combat.
- There's another kind of shield though that's the size of a door that wraps around. This is the kind of shield you use when you're following your general to go besiege a Fortress.

David is saying "You're not going to shield me from danger. You're not going to shield me from pain, arrows, and spears. **You're going to shield me in them or even With them.**" (For further study See – Luke 22:32)

My glory, and the One who lifts my head.

2. **PRAYER**

Confidence God will hear
James 5:17 , Ps 18

Vs 4 I was **crying** to the LORD with my voice,

And He answered me from His holy mountain.

Vs 5 I lay down and **slept;**

I awoke, for **the LORD sustains me.**

3. **PEACE**

EXPLORE: What do you do? Jesus slept
Acts 12 – Peter, Phil 4:6-7

Vs 6 **I will not be afraid** of ten thousands of people

Who have set themselves against me round about?

4. **PERSEVERANCE**

- He will not yield to fear
- Does it get scary day by day?

Vs 7 **Arise, O LORD;** save me, O my God!

For You have smitten **all** my enemies on the cheek;

You have shattered the teeth of the wicked.

5. **PROTECTION**

- David remembers how faithful God has been.
- "For you...."
- John 4:18

Vs 8 **Salvation belongs to the LORD;**

Your blessing *be* upon Your people!



6. **PRIVILEGE**

EXPLORE: Jonah quotes from belly of fish.
2:9

CONCLUSION:

Amen! God is the author of salvation from beginning to end. If he were not, no one would be saved. (Jhn 3:16). If God has saved you in this great matter of salvation – why should we tremble before the lesser, physical dangers of this life, Let us triumph by faith in God.

PRAYING OUR FEARS – PSALM 3

Intro: The Psalms are deeply emotional prayers. (See v 7)

The Psalms are saying, “But I’m angry!” The emotions are hot. They’re raw. They’re intense. They make us uncomfortable. Why? The Psalms give us a unique approach to emotions.

There are all kinds of psalms – Adoration, Thanksgiving, Prophetic, Penitential (Deep sin), and sorrow (You get to see the Psalmist in pain)

Context: Psalm has a Historical setting - 2 Samuel 15-16 – Absalom had risen and started a Coup attempt. David has something to be afraid of. He has literal armies after him. He has literal people after him, trying to kill him.

He’s being attacked psychologically and spiritually. His very identity is under attack and assault, as well as his actual physical life. **READ 2 Sam 16:7-8**

EXPLORE: Have you been in that kind of situation?

But right in the middle,(5-6) *“I will not fear. I sleep in the midst of all these armies.”*

He has discovered a way of praying his fear, because Psalm 3 is praying his fear. He’s found a way of praying his fear so he’s able to handle it.

We do not have an army surrounding us, or after us but we have a virus surrounding us.

Note: Rollo May wrote in the 50s and 60s about anxiety and fear.

“Fear & Anxiety” “It’s a threat to your sense of self. Anxiety comes when something that you have put your real security in, something that made you feel in control, something that made you feel like you had an identity, is being eaten away at.”

You may have the normal, good kind of fear and that debilitating, acidic, anxiety fear together. When they’re together, you’ll sink. You’re down in the pit. ,

“We’re at the bottom of the pit here.” David is really at the bottom. So what’s he going to do about it? He’s down at the bottom, to the lowest level of fear. He’s just frightened. What does he do?

Let us observe the text....

NOTE: David’s thoughts about his enemies, and turning his thoughts on God
6 Observations.